

another from which Nurses undoubtedly suffer, it is over-work, and yet of all classes they have the least opportunities for change of air and recreation. Very many also, when their short holidays do arrive, have no friends or relations with whom they can spend them, and such friendless and homeless Nurses are, as a rule, too, the poorest in the community, and, therefore, the less able to afford lodgings in the country or at the sea-side. Consequently, a Holiday House in some pleasant, bracing, seaside resort, to which such Nurses could go for their vacation, would supply a much-needed want, and be the greatest of boons. The Association would doubtless be able to arrange with the railway companies to issue tickets at reduced fares, and as the Home would be maintained, I presume, by the funds of the Association, the inmates would only have to pay a comparatively small weekly sum to defray the cost of their board. The scheme altogether is a capital one, and I wish it all the success it, and the Association, deserves.

I AM very glad to hear that the Royal Free Hospital is making such improvements in its Nursing department, under the energetic guidance of Miss Barton, the Lady Superintendent. At the Royal Free she is most fortunate in working under a house committee of very liberal and sensible views on Nursing matters, as without this advantage, of course, all her energy and desire for the advancement of her department, would be quite useless. It has been decided, I hear, to form a large library for the use of the Nurses, and to build increased bedroom accommodation for them. It is even rumoured that the institution may add one more to the list of large general and special hospitals who have organised a Nurses' Home of their own, into which can be drafted those of their staff who have been trained by themselves, and shown special aptitude for private Nursing.

I AM told that there are several very good Essays received for this month's prize competition on Diets, but that the pressure on our space is so great and increasing, that their publication will have to be deferred for two or three weeks. Meanwhile, I am asked by Mr. Editor to say that he has accepted the suggestion made by Miss East, the well-known Lady Superintendent of the National Hospital for Paralysis, in her letter to him, published in our last issue. She advised that the subject of the next essay should be "Household Management"; and that is to be its title. It is to include a description of as many of the hundred and one important points of housewifery as the competitors choose to discuss, and it is hoped that the competition will be the means of imparting knowledge which is so frequently unattainable by hospital Sisters. And yet, nevertheless, such may probably some day be appointed Matrons of country hospitals, and then find this knowledge

even more important, than their own special acquirements, to the well-being of their Nurses and patients.

I HAVE to thank the courteous secretary of the General Infirmary, Worcester, for the information that Miss M. J. McLelland, of the Bradford Infirmary, has been appointed Matron at the first-named Institution. I also hear that Miss Procter, the Matron of the Fever Hospital, Middlesbrough, has been appointed Lady Superintendent at the Hull Sanatorium out of forty-six candidates for the post. Miss Procter, who was previously Matron of the Central Throat and Ear Hospital, in London, has everywhere won golden opinions. She takes with her from Middlesbrough the earnest good wishes of all her co-workers there, and I trust will be as successful and happy in her new sphere of work.

I HAVE received from Miss Reid, the Matron of the Cottage Hospital at Ealing, a letter which I willingly quote: "It is stated in your paper in connection with the Nightingale Fund, that a Nurse from St. Thomas's Hospital was appointed *Matron* here. That, however, is incorrect, as I have held that position ever since our Cottage Hospital was established, in 1870. Two years ago we enlarged, adding seven beds, making now seventeen, and two Nurses were appointed. The Committee, always most kind and considerate to me, in order to relieve me of some of my cares, thought it advisable to make one a Head Nurse, and she came from St. Thomas's Hospital." I hasten to apologise to Miss Reid for the mistake. I found the information in the columns of a contemporary chiefly notorious for its ignorance of Nursing matters, and incautiously quoted it at once. I might have known it was sure to be incorrect coming from such a source, and can only promise not to quote from its pages again.

I HAD hoped that it would not have been necessary to again refer to the painful subject of the now celebrated tracheotomy case. However, I am glad to see that the editor of our incorrect contemporary has this week published the Matron's letter concerning the case, in which she does *not* say Nurse Finnis "blew violently down the tube, and so cleared it," as he had previously incorrectly stated. As, however, he expresses his regret concerning the matter, I can only hope that no further comment will be necessary from me upon the subject, and merely condole with Nurse Finnis and "the Matron" upon the false position in which our contemporary placed them.

"A FAIR exchange is no robbery." Now that after many gloomy prognostications we have a flourishing School of Medicine for Women, the sterner sex are going to fight us with our own weapons, and

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